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Imaging of the Acetabulum

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Abstract

The Latin word acetabulum, which means vinegar-cup, comes from the English word acetum.

The huge cup-shaped cavity on the anterolateral side of the pelvis known as the acetabulum (plural: acetabula) articulates with the femoral head to form the hip joint.

Detailed anatomy: The acetabulum is made up of the ilium, ischium, and pubis, the three bones that make up the pelvis. The triradiate cartilage, which is Y-shaped and initially separates the three bones, starts to merge once a child reaches puberty. Between the ages of 20 and 25, fusion is complete.

Keywords: Huge –Cup, Y – Shaped, Fusion, Cavity.

Introduction

The acetabular margin is shaped like three quarters of a circle, with the acetabular notch placed anteriorly and inferiorly. The transverse ligament of the hip is used to bridge this depression, completing the circle and forming the acetabular foramen. The ligamentum teres is located in the acetabular fossa, a rough dip on the acetabular floor. From the acetabular notch, the acetabular fossa extends superiorly. The quadrilateral plate, a bone deep to the acetabular fossa on the inside surface of the pelvis, is crucial for categorising acetabular fractures clinically.

The fibro-cartilaginous lip-shaped acetabular labrum is linked to the acetabulum's edge and increases the acetabular articular region. As a result, the acetabulum can accommodate more than half of the femoral head.

The column principle

When thinking about acetabular fractures and their therapy, the column principle—which separates the acetabulum into anterior and posterior columns— becomes crucial.

The anterior ilium, anterior wall and dome of the acetabulum, and superior pubic ramus make up the anterior column.

The posterior column is made up of the ischial tuberosity, the posterior wall and dome of the acetabulum, and the larger and lesser sciatic notches.

Standard imaging views

The ultimate objective is for the surgeons to correctly decipher the radiological characteristics of the fractured acetabulum and to convert the radiographic information into a 3-dimensional understanding of the morphology of each individual fracture.

Oblique radiographs of the pelvis are necessary for Judet and Letournel's classification of acetabular fractures. An antero-posterior view, left Judet view, and right Judet

view make up a conventional radiograph sequence. Judet opinions are:

1. Right posterior oblique (also known as right iliac oblique or left obturator oblique)

2. Left posterior oblique (also known as left iliac oblique or right obturator oblique)

The iliac oblique view and the obturator oblique view were the two views included in the Judet radiography.

The coccyx should extend over the ipsilateral femoral head to indicate that the obliquity is positioned correctly. The right femoral head should be covered by the coccyx in the right posterior oblique projection.

There are three standard imaging images for any acetabular fracture, which are documented in the order listed below:

Antero-posterior pelvis

- Iliopectineal line
- Ilioischial line
- Radiological roof
- Anterior rim
- Posterior rim
- Teardrop

• Obturator oblique view (For the assessment of anterior column and posterior wall of the acetabulum)

• Iliac oblique view (For the assessment of the posterior column and anterior wall of the acetabulum)

• CT scan is obtained (Most commonly)

Each radiographic view has specific, reproducible radiological landmarks, and understanding the anatomical origins of the radiographic landmarks is critical in understanding the significance of a disruption of any one of the "lines".

Letournel demonstrated these lines on radiographs of a dry pelvis specimen with lead wires accentuating the landmarks.



Figure 1: Standard imaging view

1. Anteroposterior radiograph (AP pelvic radiograph) An AP view of the pelvis is required for all patients with a suspected acetabular fracture. The radiograph is obtained with the patient in the supine position and is centered on the symphysis publis.

The quality of the radiography is assessed based on an evaluation of the rotation of the lumbar spine.

There are six fundamental radiological landmarks that should be identified on the AP pelvic projection. The anatomical correlate to each landmark needs to be understood, so that when a fracture line is identified traversing any one of the landmarks one can know what area of the innominate bone has been violated by the fracture.



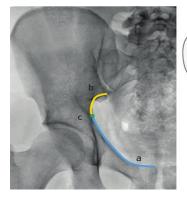
Figure 2: Anteroposterior radiograph (AP pelvic radiograph).

The iliopectineal line correlates exactly with the pelvic brim for the anterior three quarters of the line (from the superior border of the symphysis pubis to the region where the beginning of the ilioischial line is identified), as highlighted by blue line segment (a).

The posterior quarter of the iliopectineal line diverges from the pelvic brim and corresponds to the dense bone of the internal surface of the sciatic buttress 1-2 cm below the actual pelvic brim (b, yellow line segment).

The point of divergence where the radiographic iliopectineal line no longer corresponds with the anatomic pelvic brim is indicated by a green dot (c).

The iliopectineal line is representative of the structural integrity of the anterior column of the acetabulum.



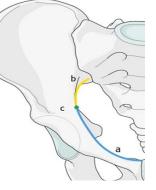


Figure 3: Iliopectineal line

The iliopectineal line (the pelvic brim, blue line/arrow) is found to be the most medial and anterior portion of the innominate bone. This is separate from the anterior border (red line/arrow) of the bone, identified as the most anterior lateral portion of the innominate bone.

Starting cranially, the superior iliac spine can be followed distally to the inferior iliac spine and along the anterior wall of the acetabulum (red line/arrow).

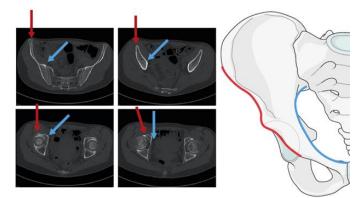


Figure 4: Iliopectineal line

Ilioischial line

The ilioischial line is the result of the X-ray beam occurring in tangent across a segment of the surface of the quadrilateral plate.

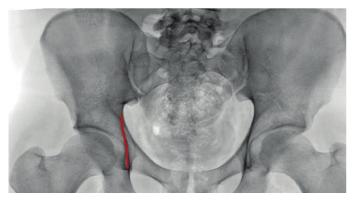


Figure 5: Ilioischial line

This occurs because the X-ray beam is parallel with the quadrilateral surface when the patient is in the supine position.

The anterior limit coincides with the anterior border of the obturator foramen approximately 1 cm in front of the tip of the ischial spine. It extends superiorly to approximately 1 cm below the apex of the greater sciatic notch.

The ilioischial line represents the structural posterior column of the acetabulum.

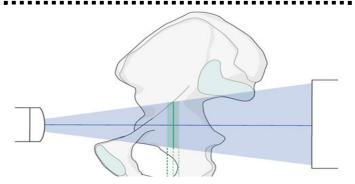


Figure 6: ilioischial line Area

On the CT scan, the area of bone creating the ilioischial line is the portion of the quadrilateral plate indicated by the white arrow.

Notably, it is distinct from the **posterior border** of the bone (pink arrow). It is also distinct from the retro-acetabular surface (yellow arrow).

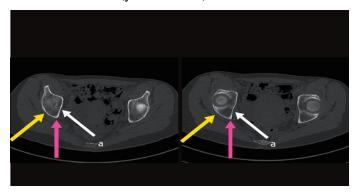


Figure 7: Ilioischial line

Here the same anatomical structures are highlighted on a bone model:

- White arrow area of bone creating the ilioischial line
- Pink line posterior border
- Yellow area retro-acetabular surface

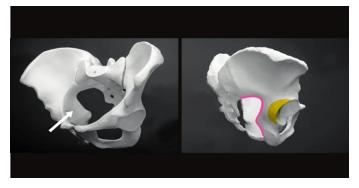


Figure 8: Ilioischial line

Radiological roof

The radiological roof, or sourcil, is a line produced by the X-ray beam tangential to the most cranial portion of the acetabulum.



Figure 9: Radiological roof

The outline of the roof represents only a small 2-3 mm region of the acetabulum region.

The radiological roof is simply a radiological line. It does not represent the anatomical roof or the portion of the acetabulum responsible for the weight bearing responsibilities of the acetabulum. The anatomical roof is provided by a 50-60° arch of the articular surface of the acetabulum as demonstrated in the illustration.

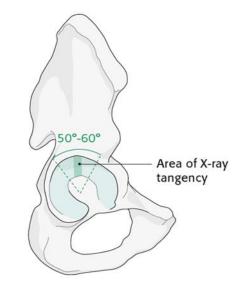


Figure 10: Radiological roof

Anterior rim

The anterior rim, or border, (orange line) of the \mathbf{x} acetabulum begins at the superior lateral aspect of the \mathbf{U}

radiological roof (green dot). It descends caudally and medially to meet the superior border of the obturator foramen (dashed line).

Due to the anteversion of the acetabulum, the profile of the anterior rim is significantly more medial than its posterior counterpart. Thus, on the AP projection, it is superimposed on the shadow of the posterior wall, and difficult to see.

If one follows the superior border to the obturator foramen from medial to lateral (orange), then looks to the lateral point of the roof (dot), one will nearly always be able to identify the anterior rim as it connects these two points (orange). Judet and Letournel refer to this whole line as the acetabulo-obturator line.

The radiographic line of the anterior rim corresponds to the lateral border of the anterior wall.



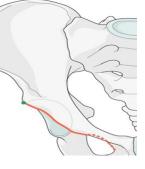


Figure 11: Anterior rim

Posterior rim

The outline of the posterior rim is visualized starting caudally at the lateral most aspect of the radiological roof and proceeds caudally to the sub cotyloid groove above the ischial tuberosity. The radiographic line of the posterior rim represents the lateral aspect of the posterior wall.

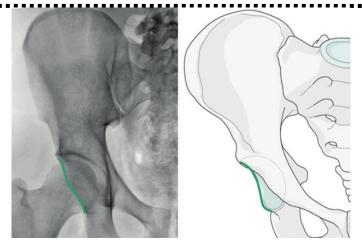
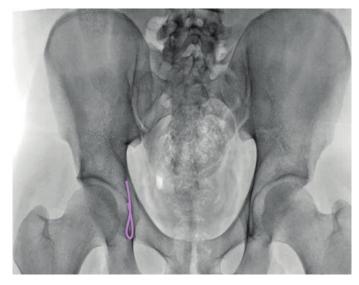
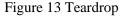


Figure 12: Posterior rim

Teardrop

The radio logical teardrop is created by the superimposition of the distal anterior and posterior horns of the articular surface as well as the tangent of the inferior surface of the cotyloid fossa.





The radiological teardrop is produced by a U-shaped continuous surface of bone.

The lateral limb is created by an X-ray tangent of the inferior cotyloid fossa (1).

The medial limb is formed by the obturator canal as it merges with the quadrilateral surface.

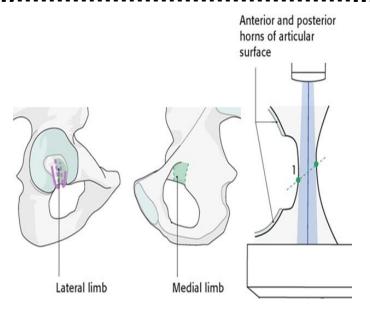


Figure 14: Teardrop

Case

Once the landmarks are understood, one can evaluate an AP pelvis of an injury and translate the observed disruptions of the landmark lines onto a 3-dimensional pelvic model as shown.

1. The Blue dots in the X-ray demonstrate the disruption of the iliopectineal line, which represents a fracture through the pelvic brim at the point demonstrated by a Blue dot on the model.

2. The Yellow dots in the X-ray demonstrates the disruption of the ilioischial line at its mid-portion, which can now be drawn as demonstrated to represent a fracture midway through the region of the quadrilateral surface which creates the ilioischial line (Yellow dot on model).

This exercise should be performed for the six standard landmarks before moving on to the oblique views to augment and validate the interpreted injury based on the information provided by the AP pelvis.

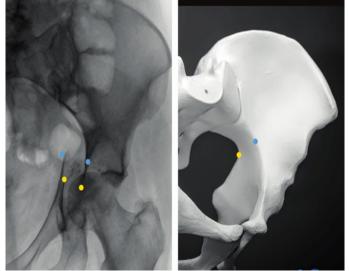


Figure 15: Case: AP view

(Showing Disruption of the iliopectineal line & ilioischial line)

2. Obturator oblique radiograph

The obturator-oblique radiograph is obtained at 45° to the coronal plane, with the injured hip raised and with the center of the beam on the center of the femoral head.

In the perfect view, the anterior superior iliac spine and the posterior superior iliac spine is superimposed, such that the iliac cross section is a small as possible and thus the obturator foramen as large as possible. If the iliac cross section appears wide, it is due to insufficient rotation of the patient.

The coccyx should be at the center of the femoral head.



Figure 16: Obturator oblique radiograph

There are four consistent landmarks that should be inspected on the obturator oblique in each case:

1. The pelvic brim and the represented periarticular anterior column

- 2. The posterior border of the acetabulum
- 3. The obturator foramen
- 4. The acetabular roof

Additionally, the iliac wing can be visualized in cross section and most of the landmarks associated with the internal and external surface identified.

Blue: The pelvic brim is demonstrated in blue. The periarticular region of the anterior column is seen clearly. Additionally, time should be spent identifying the anterior superior iliac spine, the anterior inferior spine, the psoas gutter, and the pubic spine.

Green: The posterior border of the acetabulum is easily visible due to the rotation of the anterior rim away and thus out of line for super-imposition. The posterior border can be followed cranial to identify the supraacetabular surface, the gluteus Medius pilar and the landmarks associated with the external surface of the innominate bone.

Pink: The outline of the obturator foramen is completely visualized.

Yellow: The acetabular roof can be easily visualized.

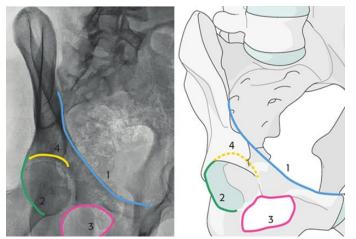


Figure 17: Obturator oblique radiograph

The obturator oblique shows clearly this large posterior wall fracture involving a substantial region of the roof and the supra-acetabular surface. The anterior column is seen to be intact.

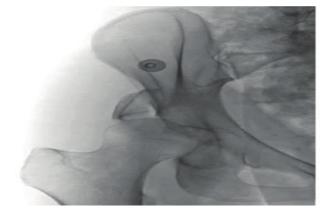


Figure 18: Obturator oblique showing large posterior wall fracture.

The T-shaped fracture is easily classified as the vertical limb can be seen traversing the obturator foramen, and the fracture is seen to involve the roof indicating a transtectal transverse component.

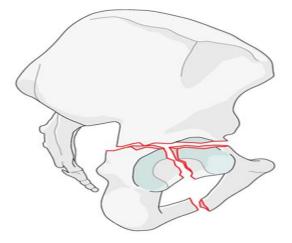


Figure 19: T-shaped fracture

The spur sign is seen on the obturator oblique and defines this fracture as an associated both column fracture.

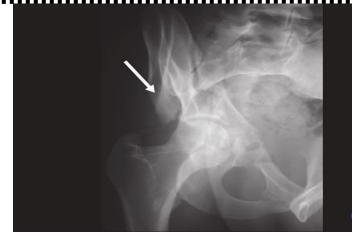


Figure 20: Spur sign

Case

The obturator oblique of the same case as shown above in AP section

• Confirms the region of the pelvic brim involvement and the anterior column (Blue dots).

• Indicates that the transverse fracture violates a small area of the roof at its medial most region. It appears as though a very small area of the roof remains on the displaced fragment. We will use the CT scan to verify the fracture's position with respect to the roof to determine if this injury is a Trans-tectal or juxta-tectal fracture (Yellow dot).

- Demonstrates the displacement through the posterior rim but lack of a posterior wall fragment (Red dots).
- Demonstrates the integrity of the obturator foramen, excluding the diagnosis of a T-shaped fracture. (This will also be verified using a CT scan).

• Demonstrates a large segment of roof remaining on the intact region of the acetabulum excluding the associated both column fracture from the differential diagnosis.

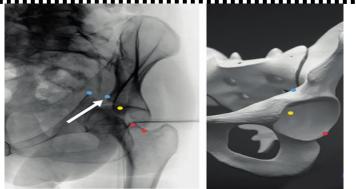


Figure 21: The obturator oblique of the same case as shown above in AP section

3. Iliac oblique radiograph

The Iliac oblique radiograph is obtained at 45° to the coronal plane, with the contralateral hip raised and with the center of the beam on the center of the femoral head. This view perfectly exposes the entire surface of the iliac wing and the obturator foramen is as thin as possible in section.

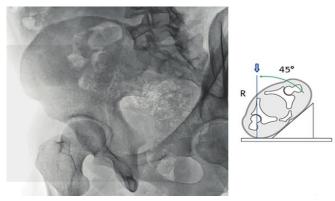


Figure 22: Iliac oblique radiograph

The three fundamental landmarks of the iliac oblique radiograph include:

1. The posterior border of the iliac bone and thus the posterior column

2. The anterior border of the acetabular rim

3. The iliac wing in profile

The posterior border of the entire innominate bone can be identified, as well as the posterior spines, greater sciatic notch, ischial spine and tuberosity (as illustrated in red).

Any fractures violating the posterior column will be identified here.

The anterior rim can be challenging to identify.

A line can be identified between the superior anterior articular margin of the acetabulum (green dot 1) and caudally the root of the superior ramus (green dot 2). This line is typically seen to have an inflection point, or a point of concavity midway as illustrated by the green line.

The remaining iliac wing can be identified from the posterior superior spine to the anterior superior iliac spine, to the anterior inferior spine, and is thus an excellent view for characterizing fractures in the iliac fossa.

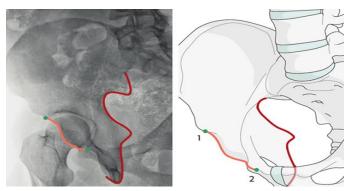


Figure 23: Iliac oblique radiograph

The iliac oblique is useful in identifying the level of involvement of the posterior column at the apex of the sciatic notch in this transverse fracture (A).

The iliac oblique image is also useful in ruling out fractures crossing the posterior of the bone, as in this example (B). The intact posterior column in a case such as this eliminates the associated both column and the anterior posterior hemi-transverse fractures from the differential diagnosis. The cranial extent of the anterior column fracture can also be characterized, making this a high elementary anterior column fracture.

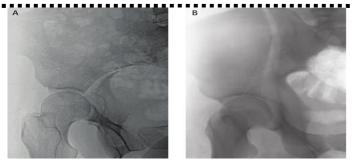


Figure 24: Iliac oblique radiograph

Case

The iliac oblique view of the same case as shown above in AP and obturator oblique section.

Evaluating the iliac oblique of our current example, we can see the level at which the fracture disrupts the posterior border (blue) of the bone is at the ischial spine. Also, if we trace the anterior border of the acetabulum (orange) we see that there is a wide displacement very cranially, almost at the level of the roof (yellow).

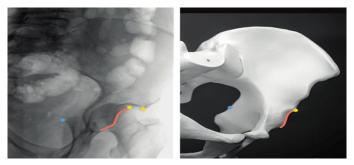


Figure 25: Iliac oblique view of the same case as shown above in AP & obturator oblique section.

CT scan

The CT scan is an important part of the radiographic protocol and can identify many aspects commonly missed on plain radiography. Examples include

- Marginal impaction as demonstrated in picture A
- Femoral head impaction as demonstrated in picture B
- Retained/incarcerated intra-articular fragments as demonstrated in B
- Non-displaced fractures (particularly transverse or posterior hemi-transverse fractures)

The CT scan can miss fractures lines, particularly those in the plane of the CT data acquisition. While the topic is heavily debated, the authors continue to obtain conventional orthogonal radiographs in conjunction with the CT scan to best characterize fractures of the acetabulum.

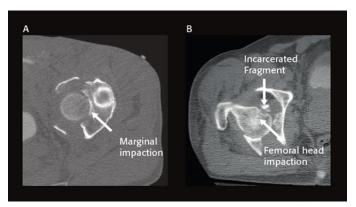


Figure 26: CT scan

The CT scan of the intact acetabulum and pelvis should be understood completely.

A: Anterior superior iliac spine.

- B: SI joint
- C: Sciatic notch



Figure 27: Anterior superior iliac spine, B: SI joint

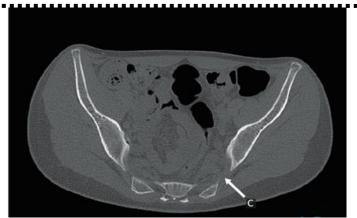


Figure 28: Sciatic notch

- D: Pelvic brim (source of iliopectineal line)
- E: Subchondral bone of acetabular roof.
- F: Anterior inferior iliac spine.
- G: Quadrilateral surface

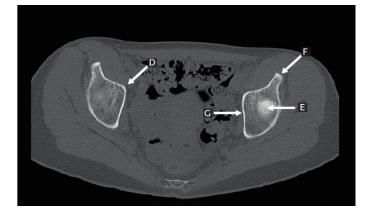
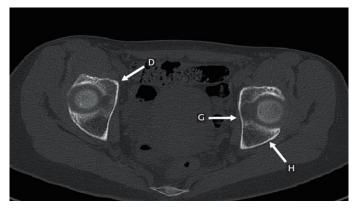


Figure 29: D, E, F, G

- D: Pelvic brim (source of iliopectineal line)
- G: Quadrilateral surface.
- H: Retro-acetabular surface



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Figure 30: D, G, HD: Pelvic brim (source of iliopectineal line)

G: Quadrilateral surface

H: Retro acetabular surface

I: Ischial spine

- J: Posterior rim
- K: Cotyloid fossa

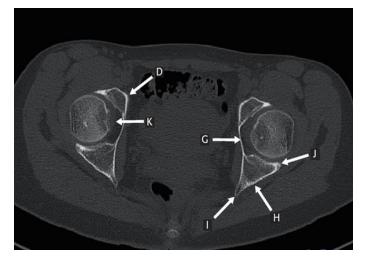


Figure 31: D, G, H, I, J, K, L G: Quadrilateral surface J: Posterior rim K: Cotyloid fossa



Figure 32: G, J, K L: Pubic ramus. M: Ischial tuberosity

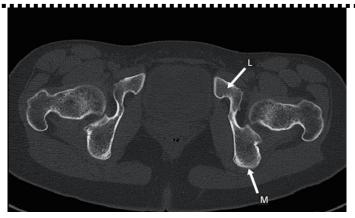


Figure 33: L, M N: Pubic symphysis O: Obturator foramen



Figure 34: N, O

Example

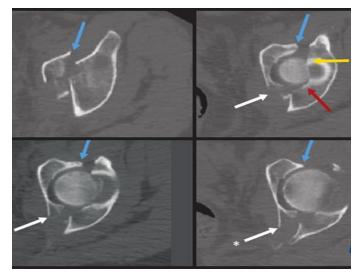
The CT scan confirms the assessment of the location and obliquity of this fracture. It is a single fracture in a single (sagittal) plane. The fracture orientation begins cranially anteriorly (blue) and descends the quadrilateral plate (white), then traverses the posterior border of bone through the ischial spine low (*). Thus, the obliquity of the fracture is as expected based on the oblique images.

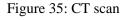
The CT confirms violation of the acetabular roof (yellow). Also, an area of marginal impaction is identified (red). The CT scan confirms:

- Absence of an independent posterior wall fragment
- Integrity of the iliac segment
- Displacement of the distal (ischiopubic) segment, and

• Lack of a vertical stem or violation of the obturator

foramen





Notes

1. Volume rendering

Volume rendering is a set of techniques used to display 2D images from the 3D acquisition CT. In acetabular fracture surgery, many surgeons have explored the use of volume rendered images that mimic the plain images.

Some surgeons and hospitals prefer to use these images in place of the traditional oblique views.

The image quality is heavily dependent on the algorithm for the rendering, the software version, and the technique of the image generation.

Poor quality volume rendered images should not act as a substitute for the conventional AP Pelvis and Judet views as important fracture morphological features can be missed.

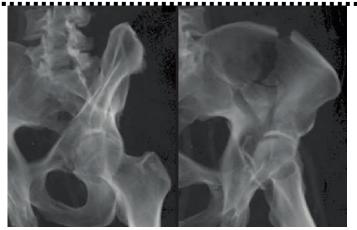


Figure 36: Volume rendering

1. 3D surface rendering

3D surface rendering images can augment the surgeon's three-dimensional understanding of the fracture.

Again, these images are dependent on the quality and quantity of the data acquisition of the CT scan, on the rendering algorithm and on the technique. The rendering protocols are improving worldwide and accessibility is becoming less of an issue.

Nevertheless, the authors continue to use these modalities in concert with the conventional orthogonal Judet views.

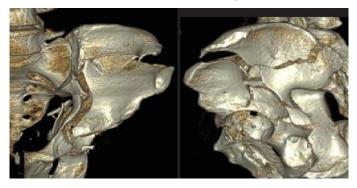


Figure 37: 3D surface rendering

Example

The entire radiological inventory (AP pelvis, Obturator oblique, Iliac oblique, CT) confirm a transtectal transverse fracture, with an obliquity that is cranial anteriorly and very distal posteriorly.

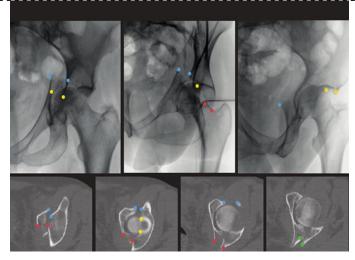


Figure 38: The entire radiological inventory (AP pelvis, Obturator oblique, Iliac oblique, CT)

This fracture's characteristics will be considered in detail in the section dedicated to elementary transverse fractures.

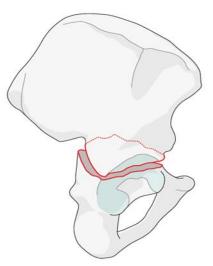
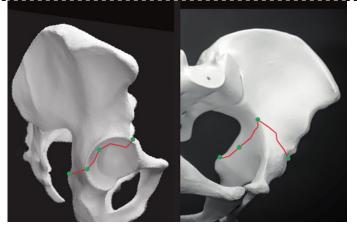
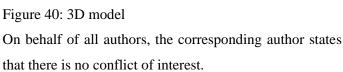


Figure 39: Transverse fracture

Practicing the exercise of interpreting the images from the conventional radiographs at axial CT scan and translating this information to a 3D model is invaluable in learning to understand the intricate morphological characteristics of each specific fracture.





Declarations

Informed consent

Informed consent was obtained for experimentation with human subjects. The privacy rights of human subjects must always be observed

"Institutional Ethical Committee Approval"

Taken from Institutional Ethical Approval Committee, MGM Medical College & Hospital, Navi Mumbai, Maharashtra, India.

Availability of data and materials

1. Imaging of the acetabulum in the era of multidetector computed tomography

Mats Geijer 1, Georges Y El-Khoury. PMID: 17588182 DOI: 10.1007/s10140-007-0638-5

2. Demystifying Radial Imaging of the Hip

Catherine N. Petchprapa, Kevin S. Dunham, Riccardo Lattanzi, Michael P. Recht Published Online: May 3 2013 https://doi.org/10.1148/rg.3331250302.

Reference

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